## Equine Magic Therapeutic Services

## **Guidelines for Hippotherapy**

- 1. This is a medical treatment using the horse; it involves a specially trained physical therapist, horse and volunteers. Please arrive 15 minutes prior to your scheduled appointment, dressed comfortably. Please have consideration for those in the ring receiving their treatment and wait quietly.
- 2. Please do not schedule too many other therapies or activities prior to your appointment. This is a physical therapy treatment session. Please try to schedule clinical or home based physical therapy treatment sessions on different days if at all possible. You or your child should be well rested, fed and feeling well.
- 3. **Please do not "participate"** in the session unless the therapist requests that you do so. If you have a friend or family member with you it is best if they wait outside the treatment area. For your comfort you are welcome to wait in the viewing room.
- 4. Please understand the importance of consistency in attending the treatments. Please inform us of any known absences AT LEAST 24 HOURS in advance. We will try to reschedule a missed session if possible. After one missed session that we were not informed of at least 24-hours in advance we must charge you for the next missed session that we are not notified of in advance. You will not be charged if you or the therapist cancels because of inclement weather.
- 5. The scheduled time slot is 30 minutes. This includes the preparation to transition onto and off the horse as well as the time to discuss the treatment and write a progress note. Please understand that everyone tolerates the transition onto and off the horse differently and not everyone can tolerate the same amount of time spent on the horse. The therapist has extensive training in conducting this type of treatment please trust in her experience.

Your understanding in all of these matters is greatly appreciated!!!!!